Students - SEND EMAILS to Get Results!



American Heart Association Learn and Live



YOU now have super powers to raise more life-saving donations by Emailing your friends and family! Here's how to Send Emails...

Step 1: Log in to your HeartQuarters web page by visiting www.heart.org/jump and click on the button that says 'Login'. Enter your username and password and click on the Jump Rope For Heart link.

		or c	all toll-free 877-824-8531 between 8am – 6pr	n (CST), Mon– Fri.
Step 2: Click on the 'Send Email' tab.	110.11	SEND EMAIL	CHECK FUNDRAISING PROGRESS	EDIT MY PAGE
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Step 3: Type in your contacts in the 'To' section. If you want to send this Email to multiple people, make sure you put a comma (,) after each Email address.

*You may import your Email contact address book by clicking on the Contacts link on the right hand menu in the gray bar.

HE HOME SEND EMAIL CHECK FUNDRAISING PROGRESS EDIT MY PAGE rite Your Email Enter email addresses separated by commas. Click on Contacts to add an Address Book. Enter entering your email addresses, select a suggested email from the menu that appears on the obthand side or write your own.	Compose Drafts Sent	of the 'Suggested Email Samples' to load in a pre-written Email template.
Gitt-hand side of write your own. To: Cadence.miller@heart.org, Joanie Que <joan.que@heart.org>, bject: I want to be someone's hero eeting: Include personalized greeting (What's this?) ant family ▼ Font size ▼ ▲ * 型 * # I U Ase 蒙 電 面 話 注 節 節 ? m joining millions of other kids to help save lives with the American Heart Association's Jump Rope For eart Program! Will you help me? m doing Jump Rope For Heart at my school and learning about kids with special hearts. I'm also learning bout my own heart, and how to take care of it. And I'm getting active and jumping rope! ome kids have special hearts - and need our help! I'm raising money to help kids like them. The money I isse will help pay for education and for new medicines and treatments to be discovered. It could help cure eart disease - for everybody! ou can help too! Will you make a donation? It's fast and easy to do on my personal Web page! Just use to like help too!</joan.que@heart.org>	Contacts Suggested Email Samples Donation Email 1 - "I want to be someone's hero" Donation Email 2 - "Taking care of our hearts" Donation Email 3 - "Spread the Word" Reminder Email 1 - "Quick Reminder" Reminder Email 2 - "I'm still jumping" Thank You For Your Donation Email Croate Your Own Email	You may choose from six different donation Email templates or write your own by clicking on the ' <u>Create Your Own</u> <u>Email</u> ' link. Step 5: Personalize your Email message. Tell your friends and
end Save as draft Preview	Siculo Foli Own Lindin	family why you are helping kids with special hearts.
Step 6: Click the 'Send' button to send your Email n Save as draft' button to save your changes and set *To send your saved draft Email messages, click on the Drafts and send your message.	nessage. You mand your Email at a sink on the right har	ay also click the another time. nd menu in the gray bar
CONGRATULATIONS! You sent your Email! Don't forget t 'Suggested Email Samples' to send out 'Reminder' and	o check back in to yo I 'Thank You' Emails	our s.

Help Desk toll-free at 877-824-8531 between 8 am - 6 pm (Central Time), Mon - Fri.